

EFFECTIVE JUNE 1ST, 2019

PACC RULES AND BUILDING POLICY (GENERAL)

- All members and guests must first check in at the Front Desk.
- Abide by posted age restrictions for all areas of the facility, including but not limited to: Sauna, Hot Tub, Fitness Areas and Locker Rooms.
- **Children under 10 years of age must be accompanied by an adult at least 18 years of age, and child must be within sight of that adult at all times in the facility, including the pool area.**
(Exception for registered children attending classes/activities/lessons that are led by PACC staff)
- Children under age 13 without weight room pass may not access fitness equipment at any time.
- Children ages 13 & 14 can complete a fitness orientation to access the fitness equipment.
- Children ages 10-14 without adult supervision and without a fitness pass may use the following areas of the PACC when available; Fieldhouse, back gyms, racquetball courts, youth area, and pool during open swim times.
- Cell phone use and photography is prohibited in all locker rooms and restrooms.
- Cell phones should be set to "silent" or "vibrate" within the rest of the facility.
- Help keep our facility clean and support the PACC's green efforts by:
 - o Keeping showers to maximum of 10 minutes
 - o Wiping down machines, mats, and fitness equipment after use
 - o Disposing of trash and recycling in the designated receptacles
- Respect other members, guests and staff by:
 - o Wearing clean clothes and using good personal hygiene when working out
 - o Limiting perfume/cologne use
 - o Having cell phone conversations in the lobby
 - o Keep earbud/headphone volume at a level that does not disrupt others
 - o Avoiding throwing or dropping weights excluding bumper plates
 - o Using appropriate language for a family setting; no foul language or yelling
 - o Supervising children who are in attendance with you
- Please leave valuables at home, locked in your car, or locked in a locker. The PACC is not responsible for lost/stolen items. Locks are available at the Front Desk.
- Behavior throughout the PACC that adversely affects members, guests and/or staff will be handled at the discretion of the PACC staff and could be cause for suspension or termination of your membership or guest privilege's. These may include, but are not limited to; fighting, pushing, yelling, disrespecting staff and foul or abusive language.
- Thank you for your help and cooperation in making the PACC a place for everyone to enjoy!

HAVE FUN!