

# PACC RULES AND BUILDING POLICY

- All members must scan in and guests must check in at the Front Desk.
- Abide by posted age restrictions for all areas of the facility, including but not limited to:  
Sauna, Whirlpool, Fitness Areas and Locker Rooms.
- **Children under 13 years of age must be accompanied by an adult at least 18 years of age, child must be within sight of that adult at all times in the facility, including the pool area.**  
*(Exception: registered children attending classes/activities/lessons that are led by PACC staff)*
- Children must be at least 15 to access fitness area's without adult supervision, however children ages 13 & 14 may complete a fitness orientation to do so as well.
- Children under 8 should not use fitness equipment at any time, even with adult presence.
- Cell phone use and photography is prohibited in all locker rooms and restrooms.
- Cell phones should be set to "silent" or "vibrate" within the facility.
- Appropriate clothing and footwear should be worn at all times, shoes required except in locker rooms and Aquatics area.
- Help keep our facility clean and RESPECT other members, guests and our staff by:
  - o Keeping showers to maximum of 10 minutes
  - o Wiping down machines, mats, weights and other equipment after use
  - o Disposing of trash and recycling in the designated receptacles
  - o Wearing clean clothes and using good personal hygiene when working out
  - o Limiting perfume/cologne use
  - o Having cell phone conversations in the lobby only
  - o Keep earbud/headphone volume at a level that does not disrupt others;  
NO external personal speakers are allowed at any time
  - o Avoiding throwing or dropping weights excluding bumper plates
  - o Using appropriate language for a family setting; no foul language or yelling
  - o Supervising children who are in attendance with you
- Please leave valuables at home, locked in your car, or locked in a locker. The PACC is not responsible for lost/stolen items.
- Behavior throughout the PACC that adversely affects members, guests and/or staff will be handled at the discretion of the PACC staff and could be cause for suspension or termination of your membership or guest privilege's. These may include, but are not limited to; fighting, pushing, yelling, disrespecting staff and foul or abusive language.
- Thank you for your help and cooperation in making the PACC a place for everyone to enjoy!

**HAVE FUN!**

07/09/2021